

YOUR PARTNER:

THINKING ABOUT YOUR VERY SPECIAL FRIEND

WHAT THIS HANDOUT IS ABOUT

This handout offers suggested prompts to help you reflect upon how you and your partner came to where you are now – knowing that you wish to be married – and what makes your companion your perfect soul mate. Thinking about this should help you see what type of ceremony is right to mark *your* marriage (this “process” often happens unconsciously), as well as probably helping to inform the vows that you’ll make to each other. We’ll be looking at vows in a future video.

You might like to work through these prompts separately from each other at first, adding any other thoughts and reflections that come to mind as well, before “comparing notes” with your partner! Not all may be easy or possible to answer (they are just suggested prompts), and you might want to “sleep on” some of your first responses. Take your time, if you can, and see what might come up. You may even be surprised!

1. WHAT IT IS ABOUT MY PARTNER...

- What do you *see...feel...think...* when you gaze into the eyes of your partner?
- When, or what was it, that made you realize that your relationship is *special*?
- What do you most *value* in your partner?
- What do you most *admire*?
- What are you most *endeared to*?
- What do you most *share* with your partner that you don’t with others?
- What do you most want to *share* as you go forward with your lives?
- What does your partner give you that’s for you *unique or special*?
- What do you believe that you most *give* to them?
- What have you *learned* from your partner?
- What do you expect or want to *learn* from them as you grow together?
- How has your partner helped you *grow*?
- How do you expect or want them to help you *grow*? How will you help them?
- What do you see *of yourself* reflected in your partner?
- What do you see that’s *different*, but supportive or complementary for you?
- What do you most want to say to your partner about how you *see...feel...think...* about them?