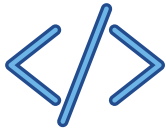
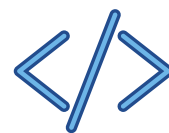


THE SEXUAL YOU



Contrasts



Sex assigned at birth:	AFAB	AMAB
Socialisation as:	Girl	Boy
Instinctive social preference growing up:	Girl	Boy
Gender identity/expression fluid?	Fixed	Fluid
Body attachment is fluid? §	Fixed	Fluid

§ = May apply to a particular attachment, e.g. wanting breasts



Spectrums



Gender:

Expression (behaviour)

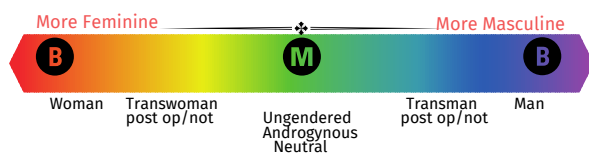


Expression (presentation)

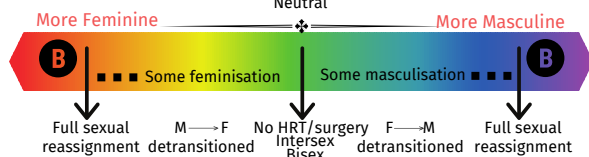


Identity (psychological/felt)

(May be "anchored" by acknowledging one's assigned gender, e.g. some may say they are a woman, but also prefer to identify as masculine.)



Physicality



M The "middle zone." Each individual's spectrum may vary on happens here. For some, this is a continuing transition between the feminine and the masculine; for others, a clear threshold; for others, where those who do not attach to gender and the gender neutral/self defined may fall. For some, this might be seen as where pure white light shines through the spectrum, if not a break in the spectrum.

Bisex (term coined only for purpose of this infographic) = Preferred and adopted physicality combines both male and female features.

Crossdresser = Gender variant people who dream or fantasize about being one's target.

Recreational crossdresser = People who crossdress for comfort / expression but without arousal and not necessarily fantasising about the target.

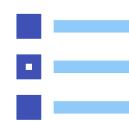
B Binary. People who identify as binary do not relate to being on a spectrum nor feel any gender or body dysphoria relative to their birth sex.

Note that how each spectrum is defined is largely unique to every individual (e.g. what is seen as "ultra" feminine or masculine). Similarly, some terms as they are used here may overlap or span different parts of the spectrum for some (e.g. crossdresser).

Gender and physicality, like many aspects depicted in this infographic, can vary over time (some flexing regularly, others being more or less persistent, but capable of changing in the longer term). Fluidity may be limited to passing just through M or F genders.



Multiple Choices



Sexual Orientation:

Lesbian
Heterosexual
Gay
Pansexual
Cupiosexual
Automonosexual
Bisexual
Asexual
Polysexual
Fluid to: Bisex
Multiple/Other...

+ many other terms; preferred target for sex may or may not involve a desire for intercourse (incl. imagined if pre-op); may include attraction to feminine male/masculine female); may differ from romantic preference.

Sensual preference for:

(irrespective of attraction, orientation or interest in sex)
Male touch
Female touch
Neither
Both

Lifestyle preference/ associations and company most comfortable with:

Tend to male
Tend to female
No preference

Physicality at birth:

(actual, may differ from what was assigned)

Male
Female
Intersex

General felt sense of self (consciousness of who you are):

Binary (Man, Woman)
Non Binary
No strong sense of gender

Admiration of beauty:

(may be independent of any interest in sex/arousal; may be several)

Men
Women
Bisex
Trans (incl. crossdresser)

Fantasy target:

As above + self
(crossdreamer/not)

Sex Drive:

(self assessed meaning of:)

Strong
Absent
Other...
Weak
Normal

Voluntarily / involuntarily
celebrate, eunuch

Personae:

(one/more sub-personalities or parts of ourselves needing expression; excl. disorders)

Single: M,F,Ungendered
Two: M & F/ungendered
Multiple (e.g. 1 M+2 F)
Created and/ Authentic

Body connection:

(attachment to/desire for a fully M or F body, genitalia or other features; may be several; may flux over time)

Fully male M genitalia
Fully female F genitalia
Other (e.g. breasts)

Natural physical traits/ inclinations (e.g. walk gait, voice, manner):

Mainly M
Mainly F
Mix of M'line & F'nine

Preferred body image:

Male
Female
Androgynous
Neutral

Pronoun preference:

(what speaks to the soul)

He
They
Her
Other...

Peak sexual motivation* & how manifested:

(e.g. as a kink)

Self described...

(* = See video link for explanation)

Fetishes/Recreational*:

(* = Not relating to sexual stimulation, e.g. cross-dressing; may be several)

None
Self described...

Automonosexual = sexual arousal directed exclusively toward oneself. **Bisex** = someone who comfortably embodies both male and female genitalia and doesn't desire to transition to male or female. Usually distinct from those who are born intersex and pre-op transmen/women who chose not to undergo SRS. **Cupiosexual** = someone who doesn't "experience sexual attraction but still desire to be in a sexual relationship or engage in sexual behaviour. **Recreational** = Gender expression not normally associated with an erotic need.



Unknowns & Optionals



Sex Chromosome variations
Hormone balance and behaviour
Invoked/accessed archetypes, energies
Spiritual light being
Need for anima/animus target
Tendency to empathize/systemize (see webpage note)
Subconscious sex (see webpage note)

Temporary/ongoing glandular/other conditions (e.g. gynecomastia)
Degree to which have integrated masculine and feminine Principles
Two Spirit / Shaman nature
Neural development (left brain / right brain)
Others?

For this infographic, a broad definition is taken of "sexuality." Optionally, and for those who relate to this, it's extended to include matters relating to the psyche/spiritual, which are obviously open to debate. Socialisation is also included as a likely influence on sexual/gender expression and behaviour. Some aspects are exclusively related to biology; others relate to an individual's felt experience, perception and/or belief. Some aspects may not be relevant for all. The intensity of any aspect presented varies between people and over time, being strong and/or more or less persistent for some, but not others. Some terms need qualification (e.g. bisex, recreational) - see notes and video links at <https://www.clivejohnsonministry.com/tmg/tmdownloads.html>. **The infographic doesn't claim to be complete or fully accurate.**

For a very accessible and comprehensive explanation of gender concepts and terms, see the Crossdreamers Transgender, Nonbinary and Queer Glossary at <https://www.crossdreamers.com/2010/01/transgender-and-transsexual-glossary.html>.